

Monday-Wednesday-Friday
at 9:45 am

**Mondays & Fridays
at 1:00 pm**

**Mondays & Saturdays
at 1:00 pm**

Monday at 3 pm

Saturdays and Sundays at
1:00 pm

Wednesdays and
Saturdays at 3 pm

Tuesdays and Friday at 1 pm
& 3 pm

Fridays at 1:00 pm

Sunday at 1:00 pm

Looking Back at 2023



Resident Update

Donna Administrator: Happy New Year to our vibrant community here at The Fifth Avenue! January carries with it the promise of fresh beginnings, exciting activities, and wonderful moments to share within our warm and welcoming community. A special welcome to our newest residents. You've chosen to be a part of a community of many choices of things to do and remarkable individuals to get to know. To our existing residents, let's extend the warm hospitality that defines our community. If you come across someone you've yet to meet, take a moment to introduce yourself. Your gesture can make all the difference in making someone feel truly at home. Wishing you all a New Year filled with joy, laughter, and the warmth of community spirit.

Leslie Administrator Assistant; *hoping everyone had a great holiday and a Happy New Year.*

Stan Maintenance; *Hope everyone had a happy holiday and a safe new year. A friendly reminder, please let the washing machine finish its cycle completely before stopping it and opening lid.*

Anthony Dietary Manager; *here's a tidbit from the kitchen. Did you know that The Fifth Avenue consumes 160 sandwiches a month!*

Denise Activities Director; *As we open another calendar for the New Year 2024, Let's reflect on all our friends and neighbors that have moved on. Whether they moved away, relocated closer to family, or embarked on a new chapter in a different place, we bid them a heart felt farewell and know they will be missed. So as we start the new year with friends both old and new, taking a minute to say hello, how are you today. You may just brightened someone's day. Invite them to join a game or two. Let's purify our spirits to start a fresh and safe New Year. I would like to thank all of our volunteers and helpers who contribute to making this place your home. We wouldn't be able to achieve all that we do without you!*

"Stay in the Know: A Monthly Guide to your in house Activities"

Step into Winter; Monday, Wednesday and Friday mornings. Join us as we take an invigorating inside walk. We begin promptly at 9:45 am, meet in the lobby.

DVD Easy Chair Exercise; Tuesdays and Thursdays join us as we try out our new DVD "Easy Chair Exercise", this will take you through a nice routine with a cool down at the end. Begins at 9:45 am in the Billiards Room. Approximately 30 minutes.

Resident Social Wednesday, January 10th; join us as we meet our newest neighbors at our monthly social. We meet at 10:00 am in the Activities Room. We look forward to getting to know all our new residents.

Wednesday, January 24th, Unleash your inner artist and experience the joy of painting at our Sip and Paint Event! This is not only for the experienced artist. Gloria is trained to pull out your intercreativity and help you create a beautiful masterpiece. We will also be inviting the community to join in this event. Come at 12:30 p.m. we will be serving hors d'oeuvres and punch. Painting begins at 1:00 p.m.

Dine In/Take Out Thursday, January 11th;With this activity you select your lunch from the menu which is provided in the sign up book. Please pay Denise in the Activities Office before I order the meal. Then I will go get the lunch and deliver it to you in the (MPR). Dining in with friends is a real treat with out having to go out. * **Los Palomas**

Musical Guests:

January 18th The Happy Valley Band will be performing in the lobby at 2:00 pm on Thursday.
January 23rd The Messengers will be performing in the Gallery at 3:00 pm on Tuesday.
January 25th Men's Peninsula Gospel will be performing on the stairs at 6:30 on Thursday.
Come out and enjoy the music!

Sunday Movie Matinee! Come and enjoy an afternoon at the movies! We have selected current movies for your enjoyment. Movies start at 1:00 p.m. in the Billiards Room. Check calendar for movie schedule. We welcome your requests.

Look who's having fun at the Fifth!



Jump on Board for Your Next Adventure...

The Excitement is going Some Place NEW!

Wednesday, January 31st *Breakfast Club*; *this month we will be heading out to **7 Brothers**. Start the day off right with breakfast and great conversation.*

Bus loads at 8:15 am Bus leaves at 8:30 returning by 10:45 am

Thursday January 4th & 18th; *Enjoy appetizers and drinks, Let loose and have fun*

4th; *Bus loads at 4:00 pm Bus leaves at 4:15 pm *Smugglers Landing*


18th; *Bus loads at 4:15 pm Bus leaves at 4:30 pm *Fortune Star*

Friday January 19th; *Enjoy shopping local at our own Sunny Farms; Bus loads at 9:45am. Bus leaves at 10:00 am returning by 11:15 am*

Friday January 26th; *Elwha Klallam Museum at the Carnegie. Bus loads at 12:45 pm Bus leaves at 1:00 pm. Returning by 3:30 pm*

Fifth Avenue's January Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Key AO Activities Office GR Game Room CR Card Room AR Activities Room MPR Multi-Purpose Room BR Billiard Room G Gallery L Lobby VO Van Outing SPA Room	1 9:45 Step into Winter Independent Walk (L) 1:00 Mexican Train (CR) 1:00 Mexican Train 2 (MPR) 3:15 Wii Bowling (BR) No Mail New Year's Day	2 9-4 Car Transportation 9-12 Take down Christmas (L) 9:45 DVD Easy Chair Exercise (BR) 1:00 Farkle (CR) 1:00 Let's Play Pool Team #2 (BR) 3:00 Let's Play Pool Team #1 (BR)	3 9-12 Take down Christmas (L) 9:45 Step into Winter Independent Walk (L) 1:00 BINGO (AR) 2:30 Happy Hour (BR)	4 9-4 Car Transportation 9-12 Take down Christmas (L) 9:45 DVD Easy Chair Exercise (BR) 1:00 Rummikub (CR) 4:15 Appetizers & Drinks (VO) in Port Angeles *Smugglers Landing	5 9:45 Step into Winter w/Denise (L) 1:00 Rummikub (CR) 1:00 Cribbage (AO) 3:00 Let's Play Pool Team #1 (BR)	6 10:00 Pinochle (AO) 1:00 Farkle (CR) 1:00 Mexican Train (CR) 2:30 Happy Hour (BR)
7 1:00 Farkle (CR) 1:00 Fifth Avenue Gallery Presents: Resident Art Work Reception 1-3	8 9:45 Step into Winter w/Denise (L) 1:00 Mexican Train (CR) 1:00 BINGO w/Denise (AR) 1:00 Mexican Train 2 (MPR) 3:15 Wii Bowling (BR) Happy Birthday Jerry M.	9 9-4 Car Transportation 9:45 DVD Easy Chair Exercise (BR) 1:00 Farkle (CR) 1:00 Let's Play Pool Team #2 (BR) 3:00 Let's Play Pool Team #1 (BR)	10 9:45 Step into Winter Independent Walk(L) 10:00 Resident Social (AR) 1:00 BINGO (AR) 2:30 Happy Hour (BR)	11 9-4 Car transportation 9:45 DVD Easy Chair Exercise (BR) 11:30 Dine in/Take out w/Denise (MPR) * Los Palomas 1:00 Rummikub (CR)	12 9:45 Step into Winter w/Denise (L) 1:00 Cribbage (AO) 1:00 Rummikub (CR) 3:00 Let's Play Pool Team #1 (BR)	13 10:00 Pinochle (AO) 1:00 Farkle (CR) 1:00 Mexican Train (CR) 2:30 Happy Hour (BR)

14 1:00 Farkle (CR) 1:00 Movie Matinee (BR) *Life on Our Plant	15 9:45 Step into Winter w/Denise (L) 1:00 Mexican Train (CR) 1:00 BINGO w/Denise (AR) 1:00 Mexican Train 2 (MPR) 3:15 Wii Bowling (BR)	16 9-4 Car Transportation 9:45 DVD Easy Chair Exercise (BR) 1:00 Farkle (CR) 1:00 Let's Play Pool Team #2 (BR) 1:00 Activities Meeting/ Denise (AR) 3:00 Let's Play Pool Team #1 (BR)	17 9:45 Step into Winter w/Denise (L) 1:00 BINGO w/Denise (AR) 2:30 Happy Hour (BR)	18 9-4 Car Transportation 9:45 DVD Easy Chair Exercise (BR) 2:00 Musical Guest: The Happy Valley Band (G) 1:00 Rummikub (CR) 4:30 Appetizers & Drinks (VO) * Fortune Star	19 9:45 Step into Winter w/Denise (L) 10:30 Sunny Farms Shopping w/Denise (VO) 1:00 Cribbage (AO) 1:00 Rummikub (CR) 3:00 Let's Play Pool Team #1 (BR)	20 10:00 Pinochle (AO) 1:00 Farkle (CR) 1:00 Mexican Train (CR) 2:30 Happy Hour (BR) Happy Birthday Carol M.
21 1:00 Farkle (CR) 1:00 Movie Matinee (BR) *I can only Imagine	22 9:45 Step into Winter w/Denise (L) 1:00 Mexican Train (CR) 1:00 Mexican Train 2 (MPR) 1:00 BINGO w/Denise (AR) 3:15 Wii Bowling (BR)	23 9-4 Car Transportation 9:45 DVD Easy Chair Exercise (BR) 1:00 Farkle (CR) 1:00 Let's Play Pool Team #2 (BR) 3:00 Musical Guest: The Messengers (G) 3:00 Let's Play Pool Team #1 (BR)	24 9:45 Step into Winter w/Denise (L) 11:00 NOLS pick up/ drop off (AO) 1-3 Sip n Paint w/ Gloria Hancock (AR) 2:30 Happy Hour (BR)	25 9-4 Car Transportation 9:45 DVD Easy Chair Exercise (BR) 1:00 Rummikub (CR) 6:30 Peninsula Men's Gospel (L)	26 9:45 Step into Winter w/Denise (L) 1:00 Cribbage (AO) 1:00 Elwha Museum (VO) 1:00 Rummikub (CR) 3:00 Let's Play Pool Team #1 (BR)	27 10:00 Pinochle (AO) 1:00 Farkle (CR) 1:00 Mexican Train (CR) 2:30 Happy Hour (BR) Happy Birthday Donna M.
28 1:00 Farkle (CR) 1:00 Movie Matinee (BR) *A Beautiful Mind	29 9:45 Step into Winter w/ Denise (BR) 1:00 BINGO w/Denise (AR) 1:00 Mexican Train (CR) 1:00 Mexican Train (MPR) 3:15 Wii Bowling (BR)	30 9-4 Car Transportation 9:45 DVD Easy Chair Exercise (BR) 1:00 Farkle (CR) 1:00 Let's Play Pool Team #2 (BR) 3:00 Let's Play Pool Team #1 (BR)	31 8:30 Breakfast Club (VO) * 7 Brothers Casino 11:00 Step into Winter w/Denise (L) 1:00 BINGO w/Denise (AR) 2:30 Happy Hour (BR)	 <p> Jerry M. 1-8 Audrey V. 1-18 Pat F. 1-15 George M. 1-16 Gail T. 1-17 Donna M. 1-26 Carol M. 1-20 Scott M. 1-23 </p>		

Who's new at the Fifth!



Frank was born on a farm in Missouri. After high school he moved to Wyoming with his uncle, where he worked in the timber industry for 3 years before he was drafted into the Army. He served 2 years before exiting and reenlisting to the Navy where he finished off his 21 years and retired. After retiring from the Navy, Frank worked for the civil services as a truck driver on Indian Island until December 31st 1977. He then moved to Gardiner and lived there 44 years. Frank has two daughters, Vienna lives in Sequim and Linda lives in Port Orchard. He has 4 grandchildren and 1 great grandchild. Let's welcome Frank to the Fifth Avenue Community.



Join us

Wednesday, January 24th from 12:30-3:00

Hors d'oeuvres and punch will be served from
12:30 to 1:00, painting begins at 1:00

Bring out your inner-creativity and create a
beautiful masterpiece with Sip and Paint expert Gloria Hancock.



Fifth Avenue Gallery Presents:

January 7th
Resident Show
reception from 1-3

Reminders of This and That

- The living plants are being tended to by our front desk weekend person. They will thrive better if one person is caring for them.
- Weather is unpredictable so please be mindful when going out and about on side walks and parking lots.

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Puzzle 23 - **WORDS WITH DOUBLE 'O'**

S W I T C H E R O O H E I R L O O M
 Y K Q X Z U N C O O P E R A T I V E
 S E P K G O M M O O N W A L K S K U
 C Q A M J L O N T C S V C C W Y X N
 L M Y R I I P K S O U H C Q M O Y I
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 F U S H E V D E L M D N S T A O O E
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ADULTHOOD
 BALLYHOO
 BAZOOKAS
 BLOOPER
 CLASSROOM
 DOODLEBUGS
 ELBOWROOM
 GOBBLEDEGOOK
 HEIRLOOM
 HOODWINK

INDOORS
 JIGABOO
 KOOKINESS
 LOOFA
 MICROORGANISM
 MOONWALK
 NOON
 NOTEBOOK
 OOPHORECTOMY
 OOPS

POOL
 RACCOON
 SMOOCHED
 SWITCHEROO
 TOMFOOLERY
 UNCOOPERATIVE
 VOODOO
 WATERCOOLER
 YEARBOOK
 ZOOKEEPER



65 Cooking Terms Word Search



AL DENTE
BASTE
BEAT
BLANCH
BLEND
BLIND BAKE
BOIL
BRAISE
BROIL
CARAMELIZE
CHIFFONADE
CHOP
CLARIFY
COAT
CREAM
CRUSH
CUBE

DASH
DEEP FRY
DICE
DILUTE
DREDGE
DUST
EMULSIFY
FILET
FILTER
FLAMBE
FOLD
GLAZE
GRATE
GREASE
GRILL
GRIND
HULL

JULIENNE
KNEAD
MACEDOINE
MARINATE
MASH
MIREPOIX
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The Fifth Avenue

500 W. Hendrickson Rd.

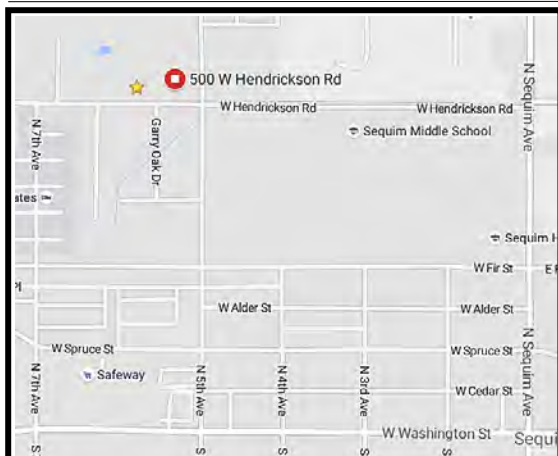
NOW **THIS** I'M READY FOR!



Get your Fifth Avenews!

If you would like to be added to our email distribution, prefer to receive a printed copy of our newsletter, or discontinue service, please let us know! **360-683-3345** or

info@thefifthavenue.com



- ♦ From Hwy 101, take the Sequim Avenue Exit.
- ♦ Head north on Sequim Avenue.
- ♦ Turn left on to Hendrickson Road.
- ♦ Fifth Avenue is on the right — just past the signal light on 5th Avenue.



Want to take a closer look? Come on in!
Have questions, or want to schedule a tour?

Contact us at
360.683.3345



Check out our Website at
www.thefifthavenue.com

Our Mission:

"To inspire healthy, active lifestyles and vibrant community interaction for our residents."

MANAGEMENT STAFF

Administrator:

Donna Ingram

Dietary Manager:

Anthony Frechette

Activity Director:

Denise Aguilar

Facilities Directors:

Stan Halvorson

Administrative Assistant:

Leslie Miller