

WEEKLY EVENTS

Step into Spring w/ Denise

Monday-Wednesday-Friday
at 9:45 am

BINGO

Mondays & Wednesdays
at 1:00 pm

Mexican Train

Mondays & Saturdays
at 1:00 pm

Wii Bowling

Monday at 3:00 pm

Farkle

Saturdays and Sundays
at 1:00 pm

Happy Hour

Wednesdays and Saturdays
at 2:30 pm

Let's Play Pool

Tuesdays and Friday
at 1:00 pm & 3:00 pm

Cribbage

Fridays at 1:00 pm

Movie Matinee

Sunday at 1:00 pm



"Join us for scenic drives from the Olympic Mountains to the Strait of Juan de Fuca. You might catch a glimpse of the famous Roosevelt elk, bald eagles, deer and many other native animals from the Olympic Peninsula. Join us for our "Walk the Discovery Trail Club". On Tuesday afternoons from 1:00-2:30—come and enjoy the outdoors, and a stroll packed with new discoveries!"



Resident Update

Donna Administrator: As we step into the vibrant month of May, Mother Nature is delivering spring in full bloom. There is nothing like spring in the Pacific Northwest! Nature can be beneficial to our mental and physical health. Enjoying the different aromas and looking at the beauty around us can be a soothing and rejuvenating experience. This Mother's Day, our talented Fifth Avenue Chefs will be preparing a delightful dinner for all to enjoy. As the weather warms up, we invite you to explore all the activities Denise has carefully planned for you. There are plenty of opportunities to enjoy the fresh air and sunshine with a group. We're looking forward to a month filled with joy, connection, and memorable moments. Let's make

Leslie Administrator Assistant: when making arrangements at the front desk for our car service on Tuesdays and Thursdays please give us 24 hour notice when requesting time for a ride. And remember that this service is available from 9:00 am till 3:00 pm with a ride available every 15 minutes. Please plan accordingly.

Stan Maintenance: Window cleaning company will be here early May. Our raised bed boxes will be ready to plant in May. Enjoy planting.

Anthony Dietary Manager: In order to ensure smooth operations and meet everyone's dining needs effectively, we kindly request your cooperation in finalizing your weekly meal choices with ample notice. Due to the dynamic nature of our daily changes, it's crucial for us to have a minimum of 48 hours notice to accommodate all requests adequately. For residents planning to have guests or those requiring a same-day meal change, we kindly ask for a 24-hour notice. This helps us ensure proper seating arrangements and adequate meal preparation to serve everyone promptly. If you have any questions or need assistance, please don't hesitate to reach out to Anthony, our Dietary Manager. Your understanding and cooperation are greatly appreciated.

Denise Activities Director: May is shaping up to be an exciting and engaging month! From listening to live music to crafting beautiful flower hanging baskets, there's something for everyone to enjoy. Lunch at Kokopellie's, a new restaurant we haven't tried yet, is sure to be a treat. Then, a peaceful walk down in Sequim Bay State Park, where we can explore a section of the Discovery Trail, will be a lovely way to spend the afternoon. Thank you, Carol, for calling BINGO while I'm on vacation. Please keep an eye on Romeo and Juliet, who will be cared for by Pat along with the plants. Don't forget to continue your daily walks in my absence. Have fun and take care! I look forward to catching up with you all when I return and hearing about everything I've missed!

"Stay in the Know: A Monthly Guide to your in house Activities"

Step into Spring, Monday, Wednesday and Friday mornings. Join us as we take an invigorating inside walk in the halls of The Fifth Avenue, begins promptly at 9:45 am meet in the lobby.

DVD Easy Chair Exercise; Tuesdays and Thursdays join us as we try out our new DVD Easy Chair Exercise, this will take you through a nice routine with a cool down at the end. Begins at 9:45 am in the Billiards Room.

Join us for the **Fifth Avenue Painting with May event on Tuesday, May 21st**, from 1-3 pm. Limited to the first 25 people, this exclusive gathering promises a delightful afternoon of artistic expression. All supplies will be provided, so come and unleash your creativity on canvas amidst the vibrant atmosphere of Fifth Avenue.

Tuesday, May 7th Hanging Flower Basket; loading the bus at 12:15, heading to Home Depot to get flowers. Dirt will be provided. We return to the back of the building and build our flower baskets. Stan will then hang them up for you. Then you sit back and enjoy.

Resident Social Wednesday, May 1st; join us as we meet our newest neighbors at our monthly social. We meet at 10:00 am in the Activities Room.

Musical Guests in May

Wednesday, May 8th Welcome Andrew Murphy in the Gallery at 2:00 pm

Wednesday, May 1st; from 3:00 - 3:45 We're excited to invite you to our second book group meeting, where we'll gather in the Multi-Purpose Room to share our thoughts and insights on the books we've read over the past month. Everyone will have the opportunity to discuss their chosen book and why they believe it's worth reading. Whether it's a gripping mystery, a heartwarming romance, or a thought-provoking non-fiction, we welcome all genres and perspectives. So, grab your favorite book and join us for an afternoon of literary discovery and lively conversation. We encourage everyone to participate, whether you've finished your book or are still in the midst of it.

Thursday, May 9th Dine In/Take Out; With this activity you select your lunch from the menu which is provided in the sign up book. Please pay Denise in the Activities Office before I order the meal. Then I will go get the lunch and deliver it to you in the (MPR) Dining in with friends is a real treat with out having to go out. * *Sawadee (Thai)*

Sunday Movie Matinee! Come and enjoy an afternoon at the movies! We have selected current movies for your enjoyment. Movies start at 1:00 p.m. in the Billiards Room. Check calendar for movie schedule. We welcome requests.

Join us at 2:00 for **Coffee Meetups** every Sunday, Monday, and Thursday, and Friday in the Lobby. Grab your favorite brew and immerse yourself in lively conversations—whether it's catching up with old friends, making new ones, or simply enjoying the company, there's always room for you at our coffee gatherings.

Look who's having fun at the Fifth!



Tesha, Terry, Joy, Marianne, Betty, Nicolle, Audrey & Joyce. Tulip Festival 2024!



We took a walk at the Voice of America on a beautiful spring day. Kathy F. Rosemary F. Pat B. Pat C. Anita A. Betty S. & Nicolle T.



Mark, Dick, Gayle L.



Evelyn's 100th birthday



Margo, Richard, Chris & Hatch

Dick L. heading out for a walk.



Pat C. Nicolle, Betty, Rosemary F. & Anita, Discovery Trail walk.

Jump on Board for Your Next Adventure... The Excitement is going Some Place NEW!

Tuesday, May 7th; we will be heading out to Home Depot to get our flowers before returning to the Fifth and create our own personalized hanging baskets. Stan will be by to hang your flower pots.

*Tuesday, May 28th; come join the afternoon "Walk the Discovery Trail Group". Each Tuesday we head out to a different section of the Discovery trail. Bus loads at 12:45 pm and leaves at 1:00 pm returning home at 2:30 pm. *Sequim Bay State Park*

*Wednesday, May 29th Breakfast Club; this month the breakfast club will be heading out to **7 Brothers, Casino** for our breakfast and great conversation. Bus loads at 8:15 am Bus leaves at 8:30 returning by 10:45 am*

Thursday May 2nd & 23rd Enjoy appetizers and drinks let loose and have fun, we be the driver to get you safely home.

*Bus loads at 3:45pm Bus leaves at 4:00pm *Smugglers Landing (Port Angeles)
Bus loads at 2:15 pm Bus leaves at 2:30 pm *Whiskey Mill (Port Townsend)*

Friday, May 3rd we are heading to Port Townsend for lunch and wine tasting. We will be eating at the Whiskey Mill Restaurant before heading to the winery. Bus loads at 11:15 am . Bus leaves at 11:30 am, returning by 5:45 pm

Friday January 19th; Enjoy shopping local at our own Sunny Farms; Bus loads at 10:00 am Bus leaves at 10:15 am returning by 11:15 am

Friday January 19th; Enjoy an afternoon on our scenic drive where you can count the deer, eagles and maybe some elk along the way. Come have fun with your friends and let us do the driving.

Bus loads at 12:45 pm and leaves at 1:00 pm returning by 2:30 pm

Friday, May 24th; we are heading to lunch at Kokopellie's in Port Angeles. Come tantalize your tastebuds with a wonderful array of fish, chicken, hamburgers and steaks to choose from. You are sure to find something pleasing. Bus loads at 10:45 am and bus leaves at 11:00 am returning by 1:15 pm

Who's new at the Fifth!



Donna moved from Sun City, Arizona 7 years ago. She had lived in Sequim before moving to The Fifth Avenue. She retired from the U.S. Customs Service. Donna has 4 amazing grown kids, a son lives in Portland, a daughter in New York City, a second daughter lives locally and her youngest son lives in Spokane. There is one thing Donna would like to convey to

everyone here, "this is a very happy place, everyone is so friendly and happy and it feels like home". Let's welcome her to our community.

Who's new at the Fifth!



Nicolle was born and raised in Normandy France. Nicolle has a daughter, Carole who still lives in Normandy France and her son Danny lives here in town. She has traveled to many different countries. Her husband was in the service and they continued to travel as well. She loves to walk, read, play Dominos and card games. Please welcome Nicolle to our wonderful Fifth Avenue Community.

Who's new at the Fifth!



Mary Jo was born and raised in West Virginia. A small town called Mannington, which was named after the conductor of the B & O Railroad that went through their town. Mary Jo graduated from West Virginia University with a BS in physics. She married in 1952 and they moved to Germany when her husband was drafted in the Korean war. They moved around a lot, had two children and lots of grand dogs. She moved from Toas New Mexico 7 years ago and lived at The Lodge before moving to The Fifth Avenue.

Let's welcome Mary Jo to our wonderful community.

Reminders of This and That

- Thank you to all who helped fill the cart here at The Fifth Avenue. We raised 662 pounds. You are AWESOME!
- The new names of our calico gold fish are ... Romeo & Juliette, thanks Jos.
- Please update your medicine list, your POA, and Polst forms. It is imperative if an emergency would happen that it is current and up to date.
- Per Fifth Avenue policy, ALL dogs must be on a leash when in the common areas
- Per Fifth Avenue policy, every resident must wear shoes when outside of your apartment.

Fifth Avenue Gallery Presents:

Jane Burkey

Mixed Media



The Fifth Avenue invites you to

Painting *with May* in May

**Tuesday, May 21
1 to 3 p.m.**

In the Activity Room

Join us for an afternoon of creativity and camaraderie under the guidance of artist May Yipp.

- ✍ Step-by-step instruction.
- ✍ 9x12 canvas and acrylic paints.
- ✍ Enter the gift basket raffle.
- ✍ Indulge in delicious appetizers.

Space is limited so RSVP today!

Mother's Day Menu

Garlic Shrimp Skewers
w/Roasted Pepper Relish
Smoky Gouda Scalloped Potatoes
Rice Pilaf
Asparagus
Strawberry Shortcake

A Sad Farewell

Fifth Avenue has concluded the piscatorial investigation concerning the demise of their resident Clyde A. Goldfish.

It was determined the cause of death was NOT a homicide, as rumored, but rather the results of an ongoing domestic dispute.

Clyde was not content, as was his companion, Juliet, (once known as Bonnie) to spend his days "around" their bowl, but which became a source of daily contention.

One evening, feeling very restless, he decided to sneak out, just to take a look, not realizing that the world's atmosphere did not consist entirely of H₂O.

And so, he took the great leap and to his amazement found himself flying thru air rather than swimming thru water. Oh well, he thought, it's better to have dared than to wonder all my life as he gracefully flipped onto the soft carpeted floor. Farewell little explorer and welcome to Juliet's new companion, Romeo.



The Fifth Avenue

500 W. Hendrickson Rd.

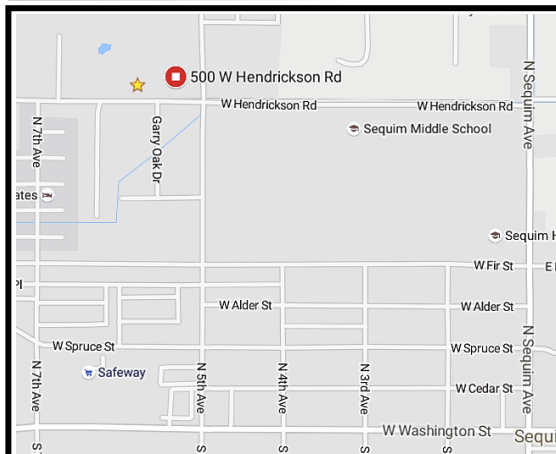
NOW THIS I'M READY FOR!



Get your Fifth Avenews!

If you would like to be added to our email distribution, prefer to receive a printed copy of our newsletter, or discontinue service, please let us know! **360-683-3345** or

info@thefifthavenue.com



- ◆ From Hwy 101, take the Sequim Avenue Exit.
- ◆ Head north on Sequim Avenue.
- ◆ Turn left on to Hendrickson Road.
- ◆ Fifth Avenue is on the right — just past the signal light on 5th Avenue.



Want to take a closer look? Come on in!
Have questions, or want to schedule a tour?

Contact us at
360.683.3345



Check out our Website at
www.thefifthavenue.com

Our Mission:

"To inspire healthy, active lifestyles and vibrant community interaction for our residents."

MANAGEMENT STAFF

Administrator:

Donna Ingram

Dietary Manager:

Anthony Frechette

Activity Director:

Denise Aguilar

Facilities Directors:

Stan Halvorson

Administrative Assistant:

Leslie Miller